



We all have feelings, and versions of 'truth' which we believe and have put on us by others. Whether these are correct or not, we often find ourselves believing things that don't line up with God's word (which is the only truth); through what we watch, listen to, hear at school, or think. In this series we are learning what God says about our identity, the truth of who we are, regardless of our feelings or emotions. Through stories from the Gospels, we are learning that our identity is that we are sons and daughters of God, loved by Him and saved through His Son, Jesus.

Our feelings can help us, but they aren't the boss of our lives or the choices that we make. *The key understanding we want children to have is that "I feel..." And "I am..." - are different, and as we surrender every thought to Jesus, we can embrace what He is said is true about us, rather than choosing to label ourselves by what we feel or think each day.*

Series' Big Idea: God's truth about who I am never changes. I am a child of God!

Series' Memory Verse: Ephesians 1:5 ICB "And before the world was made, God decided to make us his own children through Jesus Christ." [Check it out here!](#)

When I Feel Overlooked

30th August

Bible Story: 'Mary and Martha' Luke 10:38-42 NIRV.

When I Don't Feel Enough (Father's Day)

6th September

Bible Story: 'The Prodigal Son' Luke 15:11-24 NIRV.

When I Feel Anxious

13th September

Bible Story: 'Jesus Calms The Storm' Mark 4:35-41 NIRV.

When I Feel Alone

20th September

Bible Story: Matthew 27:41-49 NIRV.